

# **CHEDDAR PATIENT GROUP**

## **MINUTES OF THE MEETING 11 JANUARY 2016**

### **AT CHEDDAR MEDICAL CENTRE 7.15PM**

**Present:** Dr Jillian Howard, Pauline Drummond (Practice Manager), Anne Martyn (Practice Nurse), John Pimblott (Chair), Heather Scourse, Elizabeth Herridge (Vice Chair), Richard Scourse, Glenys Runciman, Ian Robson, Elizabeth Parry, Peter Dormer, Anna Dormer, Sylvie Browne, Ann Clark, Marie Pearson, Jacqueline Scoulding, Adrian Male, Dawn Hill, Brenda Anderson, Harry Pimm, Craig Clarke, Helen Morris.

**Apologies:** Martin Kay, Richard Tregarthen, Anne Fonteyn, Andrew Fairhurst, Sandra Russe, Lesley Miller, Richard Miller, Simon Childs, Elaine Snow, Suzanne Green, Allan Weare.

**Welcome:** John welcomed Dr. Howard, Anne Martyn and everyone to the meeting.

#### **Matters arising from the minutes of the 12 October meeting:**

**e-referral system.** Pauline reported there are still problems particularly with the fast track part of the system. Patients are experiencing difficulties in obtaining information. The surgery is not relying on it, especially the fast track. *John to raise at the next CCG Chairs Meeting.*

**Diabetic patient continuity of care.** Patients with diabetes will be contacted regarding continuity of care – either a letter to them or when they come in for their regular appointments.

John reminded the group that it is possible to buy a copy of a scan or report etc. to take to a different hospital/doctor. Dr. Howard said all hospitals are independent of each other and there is sometimes a system failure.

#### **Practice Discussion Points:**

**Health Room.** Pauline explained about the new Health Room (in the old complementary reception room). It is for patients to measure their BMI, blood pressure and there is copious information on sexual health advice and arthritis. There are instructions on how test results can be added to medical records. Patients can check their weight weekly etc. (John has now used the health room and confirms it is easy to use)

**Staff changes:** Pauline reported that Jill Peters, Senior Nurse, will retire at the end of March after 25 years at the Practice. Julie Hutton who was a practice nurse there before will be returning.

**Cheddar Medical Centre Medical Equipment Fund:** Anne Martyn gave an overview of the Medical Equipment Fund. It is a charity that provides for the Surgery and also

medical equipment. It has been running many years. It provides money for things such as servicing medical equipment, the oxygen cylinder and oxygen. Over time it has provided nebulizers, rise and fall couches, examination tables, portable height measures, chairs and elephant feet, blood pressure machines, low back chair, scales, ear syringes...John thanked Anne for telling the group about the Fund.

### **Patient Group Discussion Points:**

***Launch of #FitCheddar.*** John discussed the 2016 Health and Wellbeing Strategy under the headings of 'Eat Less, Move More, Enjoy Life' in conjunction with Dr. Baines who approached the Patient Group. The noticeboard to the left of the Reception will be devoted to this programme and the one over the fireplace will be for Events connected to Health and Wellbeing. This strategy fits well with the new Health Room. Our strategy will be heavily conducted through social media, as this is what Dr Baines wants, using facebook, You Tube and a FitCheddar blog. There will possibly be an entrance and exit patient survey. We hope to work with Sainsbury's, Kings of Wessex Leisure etc. and we will be applying for a grant to have our own joint Cheddar Patient Group/FitCheddar website. There will also be poster campaigns for those without social media, use Pulse Radio, with part of the plan to encourage patients to find fitness opportunities through social media. There was a discussion about Kings of Wessex Leisure, referrals, NHS Health Checks. John and Elizabeth have a meeting arranged with the Fitness Manager there shortly.

***Connected Cheddar Theme.*** John updated the Group on the proposed Cheddar Community Partnership, lottery grants, needs analyses etc. It is anticipated that within the Community Partnership, Health and Wellbeing would be led by the Patient Group, Community affairs by the Parish Council and My Cheddar and the economic side by Cheddar Chamber of Commerce. The Partnership would be able to bring external funding to the village. John reminded the Group that the CCG's strategy is based on health and wellbeing in the community. There was a discussion about a hub and its whereabouts. There was an overview about the plans for the Village Hall.

***Cheddar Youth.*** Helen Morris spoke about the survey that two sixth form students are conducting in order to get an idea of what young people are thinking and need. Public Health England will be conducting a health and wellbeing survey in Kings of Wessex in March so data should be available from that. Harry Pimm spoke about the proposed Youth Bus and the success of The Blend and promised John he would get a business plan to him in a month.

***District Council and Library consultations.*** The Patient Group will be making a submission to both these consultations.

***Compass Carers.*** The Patient Group had met with Compass Carers. Numbers who attend their meetings in Cheddar have dwindled dramatically. They are working on raising their profile in the community. Compass Carers will be hosting the noticeboard

to the right of the fireplace in future. The Patient Group plans to work closely with them in the future.

**NHS 111 and Out of Hours Service.** A couple of members had experienced difficulties over the Christmas period. These have been documented and John and Elizabeth will take them to the lay panel on the service, of which they are members. The Surgery also noted that the reporting that arrives from the service to the Surgery is muddled, late and very hard to read.

**Newsletter.** The third joint Surgery/Patient Group newsletter is about to issue. The next one will be towards the end of March or beginning of April.

**Any other business.** Three members of the Patient Group have been trained to be leaders of Walking for Health healthy walks. There are regular walks and to find out dates the contacts are Adrian Male [adrianmale@supanet.com](mailto:adrianmale@supanet.com) and Helen Morris [helenmorrisfamily@gmail.com](mailto:helenmorrisfamily@gmail.com). There was a discussion about Sainsburys and the use of their noticeboard and the success of the Cheddar Challenger.

**DATE AND TIME OF NEXT MEETING MONDAY 11 APRIL 7.15 AT THE SURGERY**

The meeting closed at 8.45pm

Elizabeth Herridge

14 January 2016

Useful contacts

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